

CORK BUSINESS LEAGUE CLUB HANDBOOK SEASON 2023 / 2024

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@CorkBusinessLge

Table of Contents

Welcome Message from the CBL Management Committee	3
Mission Statement & Values	4
CBL Management Committee 2023 / 2024	5
CBL Fees 2023 / 2024	ô
Club Contacts, Colours, Venues, 1 st Pref KO	7
Cork Business League Disciplinary Meetings10	C
Misconduct by Players and Officials1	1
Misconduct towards a Match Official12	2
Fixtures Information	3
Postponement / Cancellation of Fixtures14	4
Walkovers10	ô
Registration & Re-registration Window Details1	7
Match Results	Э
Match Sheets	C
Match Day Procedure	C
Spectator / Crowd Responsibility23	3
Social Media25	5
Objections	ô
Appealing to the MFA	3
Referee Panel Information 2023 / 2024	Э
Referee Fees 2023 / 2024 (Away Team pays)	C
No Ref No Game	3
Reporting Racism	4
Insurance Details	5
Munster Football Association 2023 / 2024	5
Secretaries Please Note:	7
New Rules & Amendments to Existing Rules	3

Welcome Message from the CBL Management Committee

Welcome to the 2023 / 2024 Cork Business League! As we write this, the season is almost here. Each summer, we plan and build for the future but the excitement for the start of the season is always something we look forward to the most.

This season we are delighted to confirm that once again, for the 3rd successive season, we have more clubs joining our league than have folded the previous season. This is a great sign of things to come. When we re-branded in 2019, we had always planned on increasing participation. However, since then we have seen the number of players registered grow from 500+ to 1000+, while also seeing more clubs joining the league. This season we have 28 clubs, up from 26 last season. As a management committee, we discuss the format of the divisions at length and we are delighted that we are returning to having 3 divisions – for now at least!

Please make yourself familiar with all the details within this information handbook and along with the CBL Regulations. Both these documents should be the first port of call for any issues or scenarios that may arise during the season. If you do need to raise something to any of our committee members, please don't hesitate to do so.

Yours in sport,

Peter H, Peter T, Joe, Finbarr, Anthony, Barry, Shannon & Jamie.

Mission Statement & Values

The League's principal objective is to build and maintain a Cork-based business association football league which promotes positive health and well-being while fostering and improving commitment and dedication amongst employees in the workplace through the medium of team sport.

Core Values

Staying Healthy

- Only an hour every week can make all the difference to your spirit, your mind and your body.
- Contribute to the development and promotion of positive health & well-being in the workplace.
- Introduce a healthy work-life balance.
- Feelgood factor of playing football.

Networking

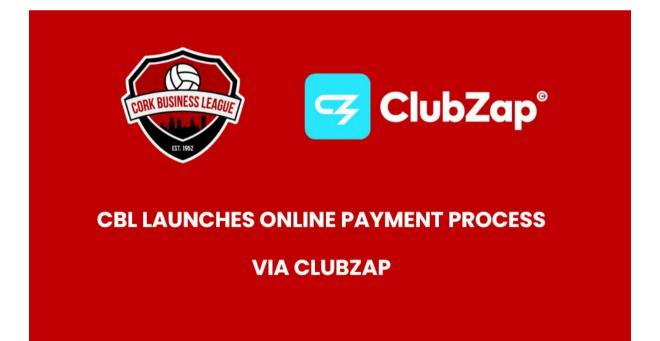
- Regardless of position, race, wealth, nationality, orientation on the pitch, we are all equals.
- the League is a member of Cork Chamber of Commerce, where you can promote your business.
- Establish connections with other Cork Businesses on a more social sense.
- Make new professional contacts around Cork and grow your professional connections.
- Find new associates, colleagues, peers, clients, friends.

CBL Management Committee 2023 / 2024

Position	Name	Phone	Email
Chairman	Peter	0861038742	harringtonptr@gmail.com
	Harrington		
Secretary	Peter	0863450963	<u>secretary@corkbusinessleague.ie</u>
	Travers		
Acting	Peter	0863450963	<u>treasurer@corkbusinessleague.ie</u>
Treasurer	Travers		
Registrar	Joe	0872835896	registrar@corkbusinessleague.ie
	Murphy		
Press	Finbarr	0860712638	pressofficer@corkbusinessleague.ie
Officer	Buckley		
Disciplinary	Anthony	0863162000	discipline@corkbusinessleague.ie
Secretary	Golden		
Committee	Barry	-	-
Member	Sheehan		
Committee	Ray	-	-
Member	Anthony		
Committee	Shannon	-	-
Member	O'Dwyer		
Committee	Jamie	-	-
Member	O'Sullivan		

CBL Fees 2023 / 2024

- 1. Club Affiliation Fee: €200 (Payment Link)
 - a. Club Registration: €170
 - b. Club Disciplinary Bond: €30
- 2. Player Registration Fee: €8 (Payment Link)
- 3. Standard Red Card Fine: €30 (Payment Link)
- 4. 4th Yellow Card Fine: €30 (Payment Link)
- 5. 8th / 12th Yellow Card Fine: €60 (Payment Link)
- 6. 1st Walkover Fine: €150 (Payment Link)
- 7. 2nd Walkover Fine: €200 (Payment Link)
- 8. Disciplinary Meeting Non Attendance Fine: €30 (Payment Link)
- 9. Objection / Protest Fee: €40 (Payment Link)



Club Contacts, Colours, Venues, 1st Pref KO

#	Club	Contact	Email	Phone	Colours – Jersey,	Ground	Pitch Type	lst Pref KO
					Shorts, Socks (1st)		Type	KU
1	Andy Sulls Hair	Andrew O'Sullivan	andysullshairfc@gmail.com	0858365644	White, Black, Red	Mayfield Park	Astro	Friday @ 19:45
2	ARC Rovers	Jack O'Keeffe	Jackuus8@gmail.com	0879425969	Purple, Black, Black	Ballincollig Regional Park	Grass	Saturday @ 12:00
3	Cheers Bar Fermoy	Kelly Condon	cheersfcfermoy@gmail.com	0871419166	Green, Green, White	Brigown Park, Mitchelstown, Co. Cork, P67 KX02	Astro	Saturday @ 14:30
4	Cork County Council	Tony Byrd	tbyrd74.tb@gmail.com	0872427334	Red, Navy, Navy	Ballincollig Regional Park	Grass	Sunday @ 10:45
5	Cork Hospitals	Gavin Woods	woods.gavin@hotmail.com	0872827831	Blue, White, Blue	UCC Sports, The Farm, Curraheen	Grass	Sunday @ 10:45
6	Croatia Fermoy	Alen Miholic	croatiafermoy@gmail.com	0873643520	White/Red, Red, White	Mayfield Park	Grass or Astro	Sunday @ 10:45
7	CH Hungry Tigers	Zhen Liu	liuzhning@gmail.com	0872071380	Orange, Black, Orange	Mayfield Sports Complex	Astro	Sunday @ 10:45
8	Doolans Cow Bar	Denis O'Sullivan	Denissul2007@hotmail.com	0879781418	Green, White, Green	Mayfield Sports Complex	Astro	Sunday @ 10:45
9	EV Core Gym	Wayne Buckley	Waynebuckley95@hotmail.com	0871707285	Red/Black, White, Black	Mayfield Park	Grass	Sunday @ 10:45

#	Club	Contact	Email	Phone	Colours – Jersey, Shorts, Socks (1st)	Ground	Pitch Type	lst Pref KO
10	FR Valley Rangers	Cameron Hardecopf	chardecopf@gmail.com	0830271534	Orange, Black, Orange	Conna Community Field, Conna, Co. Cork, P51 N2E2	Grass	Saturday @ 14:30
11	Frame Up Ballincollig	Nicky Quinlan	Nicky.quinlan0503@gmail.com	0858550568	Black, Black, Black	Mayfield Sports Complex	Astro	Friday @ 19:45
12	HBC Redemptio n Rovers	Corey Ring	Coreyring@live.ie	0852482106	Navy & Yellow, Navy, Navy	Fairfield, Bride Valley Park, Farranree	Grass	Sunday @ 10:45
13	Healy O'Connor Solicitors	Shane Healy	shane@hoc.ie	0879333686	Navy, Navy, Navy	Garryduff Sports Complex, Rochestown	Grass	Sunday @ 10:45
14	Helio Cork Internation al	Vitor Granja	vitorgranja.ms@gmail.com	0879413526	Yellow / Black, Black, Black	Mayfield Sports Complex	Astro	Sunday @ 14:00
15	Jay Bazz	Shannon O'Dwyer	shanodwyer@icloud.ie	0852491129	Black, Black, Black	Mayfield Sports Complex	Astro	Friday @ 19:45
16	Longboats	Con O'Driscoll	conodriscoll@gmail.com	0873527094	Sky Blue & Maroon, Maroon, Maroon	Crosshaven AFC, Camden, Crosshaven, P43 EA00	Grass or Astro	Sunday @ 10:45
17	Marlboro Trust	Padraig Morris	paudiemorris@hotmail.com	0879736587	Black, Black, Black	Mayfield Sports Complex	Astro	Sunday @ 10:45
18	Martin Harvey Solicitors	Ross O'Sullivan	rossosullivan1@hotmail.com	0857547978	Black, Black, Black	Ringmahon Park	Grass	Sundays @ 14:00

#	Club	Contact	Email	Phone	Colours – Jersey, Shorts, Socks (1st)	Ground	Pitch Type	lst Pref KO
19	NetApp	Callum O'Donoghue	Callum.odonoghue@netapp.com	0838251284	Black, Black, Black	Mayfield Sports Complex or Crosshaven P43 EA00	Astro	Friday @ 19:45
20	O'Brien Scaffolding	Niall O'Brien	nyall6@yahoo.com	0876666047	Navy, Red & Blue, Navy	Crosshaven AFC, Camden, Crosshaven, P43 EA00	Grass or Astro	Friday @ 19:45
21	RFP Masseytow n United	Dylan Browne	Dylanbrowne26@gmail.com	0870963578	Pink, Black	Moulnahorna, Macroom, Co.Cork, P12 CH21	Grass	Saturday s @ 14:30
22	Satellite Taxis	Paul Calnan	paul@satellitetaxis.ie	0871252524	Blue, Blue, Yellow	Coláiste Eamonn Rís, Deerpark	Grass	Saturday @ 12pm
23	SCS Crookstow n United	Tim Irwin	timirwin8@gmail.com	0876220800	Royal Blue, Blue, Blue	Crookstown, Co. Cork, P14 Y967	Grass	Sunday @ 10:45
24	Swyft Energy	Robert Twomey	rotwomey7@gmail.com	0851778161	Black, Black, Black	Mayfield Park	Grass or Astro	Friday @ 19:45
25	SURO Cars	Paul Murphy	murphypaulw@gmail.com	0877581064	Red, Black, Black	Mayfield Sports Complex	Astro	Friday @ 19:45
26	The Weigh Inn Dripsey	Kian Walerowski	kian.walerowski@yahoo.co.uk	0879635128	Green, White, Green	Ballincollig Regional Park	Grass	Sunday @ 10:45
27	UCC United	Gerry Moloney	g.moloney@ucc.ie	0876399975	Red, Black, Red	UCC Sports, The Farm, Curraheen	Grass	Sunday @ 10:45
28	VIP Barbers Carrigaline Town	Chris Higgins	chigginschef@gmail.com	0838463095	Black, White, White	Crosshaven	Grass or Astro	Sunday @ 14:30

Cork Business League Disciplinary Meetings

Disciplinary Meetings will be held on a fortnightly basis. Only those notified by the CBL need attend.

All players sent off must serve their AUTOMATIC 1 (One) MATCH BAN in the following game at the same grade, regardless of communication confirming this from the League.

Clubs are entitled to see the Referee's Report of Red Card and can only be obtained once requested via email to <u>discipline@corkbusinessleague.ie</u>. Requests are not accepted over text or whatsapp.

A Player who has received 4 Yellow Cards in one Season during all Cork Business League domestic games (League & Cup), will be given an AUTOMATIC 1 (One) MATCH BAN once notified by the League. Club also fined €30. This comes into effect for all domestic CBL League and Cup games including Munster Junior Cup but not FAI Junior Cup.

When a Player reaches his 8th / 12th etc yellow card he shall incur a AUTOMATIC one (1) game suspension and a €60 fine.

These suspension shall commence on the Monday following the date of notification of the Disciplinary Committee's decision.

Misconduct by Players and Officials

The below table relates to misconduct by Players and/or Officials which

results in red card:

Offence	Sanction
Denying the opposing team a goal or an obvious goal-scoring opportunity	1 match minimum suspension
Unsporting conduct	1 match minimum suspension
Receiving a second caution in the same match	l match minimum suspension
Serious foul play	2 match minimum suspension
Violent conduct	3 match minimum Suspension
Spitting at an opponent or person other than a Match Official	6 match minimum suspension

Misconduct towards a Match Official

Where a Player or Official receives a red card and/or is subsequently reported for misconduct against a Match Official, the overall suspension imposed shall be:

Offence	Sanction
Foul, insulting or abusive language that is used directly towards a Match Official	At least 3 match suspension (automatic 1 match suspension plus 2 additional match suspension)
Behaviour that is aggressive, intimidating, or threatening towards a Match Official	At least 6 match suspension (automatic 1 match suspension plus 5 additional match suspension)
Deliberately placing a hand on, brushing against or obstructing a Match Official	At least 12 match suspension (automatic 1 match suspension plus 11 additional match suspension)
Assaulting (deliberately pushing, pulling, spitting at, striking, elbowing, punching, kicking etc.) a Match Official	At least 12 months
Assaulting i.e. deliberately striking a Match Official that involves head butting, repeated punching/kicking and/or assaults involving more than one Player and/or Official from the same team.	At least 36 months

Fixtures Information



Cork Business League Fixtures Co-Ordinator Ashley Todd

Whatsapp: 0863980225 Email: <u>fixtures@corkbusinessleague.ie</u>

Contact preference is via Whatsapp anytime

Deadline for fixture requests / free weekend is 6pm on Fridays.

Fixtures are posted on our website on Friday evenings / Saturday mornings

Postponement / Cancellation of Fixtures

The manager of the team seeking a postponement shall, in the first instance, and as soon as practicable, and at least 24 hours before the fixture, contact the Fixtures Co-Ordinator to ascertain if the fixture can be postponed.

However.

- No club shall have power to break, postpone, or re-schedule a fixture without the prior consent of the CBL.
- At least 14 days (2 weeks) notice in writing must be given to the Fixtures
 Co-Ordinator by clubs seeking free weekends or on any other matters
 dealing with fixtures.
- All matches and hours of kick-off shall be arranged by the Fixtures Co-Ordinator or the Secretary of the league if the Fixtures Co-ordinator is unavailable.
- In cases of unfavourable weather, the referee must inspect the ground before the advertised time of kick-off and, on appeal by either of the competing clubs, must give a decision as to whether the ground is playable or otherwise. His decision shall be final. When a referee travels to an appointed game and the game is not played due to the ground and/or weather conditions, as determined by the match referee, half match fee and full expenses to apply and to be paid on the day.
- Where a referee travels to an appointed game, and only one team turns up, full fees and full expenses to apply upon receipt and

acceptance by the relevant governing body of the Referee's Report.

• Where a referee travels or is travelling to an appointed game and that game is not played due to it being previously cancelled by the appropriate authority, the relevant governing body shall determine, on receipt of the Match Referees Report, if reasonable efforts were made by the relevant authority to notify the referee. If they find this did not happen then full fees and full expenses shall apply. Where a decision has been made by a governing body to pay fees post-match to match officials then these shall be paid within 28 days (including Saturdays, Sundays and Bank Holidays).

Walkovers

A minimum fine of €150 will be imposed where a team does not give legitimate reason of their inability to fulfil a fixture at any time following the Fixture Co-ordinator confirming the fixture. For the purpose of clarifying legitimacy, the following steps must be carried out by the team failing to fulfil a fixture:

The secretary of the team must send an email within 24 hours of notifying the League of the inability to fulfil a fixture to the League Secretary with a list of the registered players who are unavailable for the fixture in question; and the chairman and manager of the team must attend a Disciplinary Meeting with the Management Committee to explain their inability to fulfil the fixture. Non-attendance at this Disciplinary meeting shall lead to a \in 30 fine imposed on the team.

Clubs failing to fulfil two fixtures in the same season shall be imposed with a €200 fine and, in the absolute discretion, of the Management Committee may be expelled from all competitions.

Registration & Re-registration Window Details

The Re-registration Window for the Cork Business League is open throughout September for any players looking for a change. Players without clubs can sign at any point until 31st March.



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	Season	Date	Date	Notes
		1 st July	30 th June	Winter Season Start / End Dates
	Winter	1 st July	31 st March	Registration Period
		1 st July	23 rd September	Re-Registration Window
		1 st January	28 th January	Mid-Season Re-Registration Window
		1 st April	30 th June	No Registrations Permitted

1. The registration period for the Amateur game, shall be 1st July to the 31st of March inclusive for the winter season (i.e. the Cork Business League)

2. The two re-registration periods for the Amateur game shall be 1st July to 23rd September inclusive and the 1st January to the 28th January inclusive.

3. No Registrations between 1st April to 30th June

4. If a club disbands during the Season, the Player registrations shall come under the direction of the FAI. The Players may be allowed, at the discretion of the FAI, to register with other clubs within their League (The CBL). The deadline for such registrations shall be the 28th January for the Winter Season.

Our <u>FAI Connect Quick Guide</u> has been updated for the 2023 – 2024. Please read it and use it!

Any further details, please contact the Cork Business League Registrar, Joe

Murphy: registrar@corkbusinessleague.ie or 087 2835896

If a club disbands during the Season the Player registrations shall come under the direction of the FAI. The Players may be allowed, at the discretion of the FAI, to register with other clubs within their League. The deadline for such registrations shall be the 28th January for the Winter Season.

Match Results

Thanks to the Sports Editor in The Echo, we will have results & match report published on Wednesday's edition of the paper every week.

To ensure your club's game is covered please text / Whatsapp the score and a brief Match Report, including scorers and players who stood out during the game to the following people:

- 1. Our Press Officer Finbarr Buckley on 0860712638
- 2. Our Secretary Peter Travers on 0863450963

🔁 Deadline is 16:00 on Sundays 🕒

Match Sheets

Downloadable Here

- When filling in the Official Match Sheet, the player's name must correspond with the number on the match sheet and the jersey that the player is wearing and what his name is on FAI Connect.
- Please use Block Capitals when filling in the match sheet.
- The league will use this match sheet to identify and sanction the player / manager / technical official.

Match Day Procedure

Pitch: A club is responsible for the playability of its home pitch. This refers to:

- Pitch Markings
- Length of grass
- Nets
- Corner Flags

A club found to be negligent in these areas will be subject to sanction.

Gear/Jerseys: A club must have appropriate player kit for each fixture. This includes matching jerseys with clear visible numbers and a distinct goalkeepers jersey.

CORK BUSINESS LEAGUE OFFICIAL HANDBOOK 2023 / 2024

Each club shall register its colours with the Secretary. In the event of two clubs playing in similar colours, the home team shall change colours when such clubs meet in competition. Goalkeepers must wear colours which distinguish them from other players.

The referee's decision is final in determining if there is a clash of colours.

Punctuality: Please ensure that you are on the field of play and ready to commence at the appointed time. Any team that is not available to kick off a fixture at the appointed time, will forfeit the fixture. The referee's decision on this is final.

Referees:

- On the match day, the referee is entitled to be paid the match fee before the commencement of the fixture.
- In the CBL, the away team is responsible for paying the fee.
- If teams are playing in a neutral venue, the fee should be split 50/50 between the 2 teams. If only one team turns up or there is a dispute about who should pay the fee, one team must still pay the referee.
 The CBL will refund any club who is out of pocket due to this situation.
- On no account should the referee go unpaid irrespective of what has transpired before, during or after a game.
- If asked to act as linesman, you should note that your task is **not** to decide who should get the throw in. You are simply there to indicate when and where the ball crossed the line.

Match Balls

All balls used in matches played in an official CBL competition bear one of the marks of the FIFA Quality Programme for Footballs.

- 1. FIFA BASIC
- 2. FIFA QUALITY
- 3. FIFA QUALITY PRO

For example, <u>Mitre Ultimatch</u> or any other ball that has any of the above Quality Marks

In the CBL, both the Home team and Away team **are obliged to supply two match balls each for a fixture**. If those 4 match balls become misplaced or lost during a game, common sense then prevails on the provision of a match ball from either team's sideline.

Spectator / Crowd Responsibility

While we understand that the majority of our clubs do not own their own pitch, it is still important and very necessary that the below procedure is followed.

The home team is liable for **any improper conduct amongst** <u>ALL HOME</u> <u>AND AWAY</u> spectators and personnel not named on the match sheets for both teams.

Regardless of the question of conduct and depending on the situation, the home team may be fined by the CBL.

Further sanctions may be imposed in the case of serious disturbances. This also includes matches played on neutral grounds, especially during finals of competitions.

The visiting team is also liable for improper conduct **among its own group** of spectators and personnel not named on their match sheet. Regardless of the question of conduct and depending on the situation, may be fined by the CBL.

Further sanctions may be imposed in the case of serious disturbances. This also includes matches played on neutral grounds, especially during finals of competitions. Supporters occupying the "away" section of a stadium or ground are regarded as the visiting supporters unless proven to the contrary.

Improper conduct includes but is not limited to violence towards persons, displaying insulting slogans in any form, uttering insulting sounds, racist behavior or invading or encroaching onto the pitch.

Also, on our Match Sheets, there is space for 7 substitutes and 1 manager with 3 technical assistants. There should not be any need to name additional players or staff on the match sheet. please follow this process.

Social Media



Objections

Objecting to the conduct of a club or player

If you wish to object to the conduct of another club or player, you must follow the below process:

- Send two identical registered letters to both the Cork Business League's Hon. Secretary and the secretary of the club which is the subject of the objection.
- 2. €40 fee is to be paid online. (Payment Link)
- 3. You must retain proof of postage for both of these letters.
- 4. You must post these letters within 48 hours (excluding Sundays and Bank Holidays) of the match that you are objecting to.
- 5. The letters must contain the phrase: "We wish to object to".
- 6. The objection must be specific and must contain the evidence you have which you think proves the validity of the objection
- 7. Objections will be dealt with during a meeting of the leagues disciplinary committee and both parties are entitled to be present.

Objecting to the conduct of a referee

If you consider the conduct of a referee to be inappropriate, you should object in writing to the Cork Business League Hon. Secretary.

Any complaints will be passed onto the referee's governing body where they have procedures for dealing with such complaints. While the normal disagreements between referees and players would not warrant such an objection, serious misconduct should be reported.

An example of serious misconduct would be aggressive or threatening language or behaviour towards players and officials.

According to the Laws of the Game:

The captain of a team has no special status or privileges under the Laws of the Game but he has a degree of responsibility for the behaviour of his team

Appealing to the MFA

You are entitled to appeal any decision of the League committee to the MFA. To do so, you must follow the below process:

- A letter indicating that you wish to appeal that outlines the reasons for the appeal must be sent by registered post to the Secretary of the MFA. An identical letter must be sent by registered post to the Cork Business League Hon. Secretary.
- The letters must be posted within 4 days (excluding Saturdays, Sundays, and Bank Holidays) of receipt of the written notification of the league committees decision you are appealing against.
- 3. The letter to the secretary of the MFA must have enclosed a postal order or a bank draft for the correct amount. This is made payable to "The Munster Football Association". Other forms of payment are not acceptable.

Referee Panel Information 2023 / 2024

Name
Brendan O'Regan
Denis Cronin
Paul Higgins
Jim Hennessy
Steve Madine
Sumate Virak
Tomas Coughlan

All Clubs entitled to a copy of the Referees Match Report when a Player / Technical Assistant has been sent off.

Referee Fees 2023 / 2024 (Away Team pays)

<u>Urban Travel 25 miles round trip (City & Suburbs)</u>

- Mayfield Sports Complex
- Mayfield Park
- Ringmahon Park
- Ballincollig Regional Park
- UCC Sports Ground, Curraheen
- Garryduff
- Coláiste Eamonn Rís, Deerpark

CBL Premier Division:

Fee: €44

Urban Travel Allowance: €18

Total: €62

CBL First Division, CBL Second Division and CBL Domestic Cup

Competitions:

Fee: €36

Urban Travel Allowance: €18

Total: €54

Outside Urban Travel

		Standard	Travel			
Club	Venue	Fee €	Allowance €	Total Fee €		
CBL Premier Division						
Cheers Bar	Park United, Fermoy	44	37	81		
CBL First Division, C	CBL First Division, CBL Second Division and CBL Domestic Cup Competitions					
	Conna Community					
FR Valley Rangers	Field	36	31	67		
SCS Crookstown United	Crookstown	36	25	61		
RFP Masseytown United	Macroom	36	31	67		
Various	Crosshaven	36	21	57		
Cheers Bar	Park United, Fermoy	36	37	73		

Cancellations:

(a) When a referee travels to an appointed game and the game is not played due to ground and/or weather conditions, as determined by the match referee, **half the match fee and full expenses to apply and to be paid on the day.**

(b) Where a referee travels to an appointed game, and only one team turns up, full fees and full expenses to apply upon receipt and acceptance by the relevant governing body of the Match Referees Report.

(c) Where a referee travels or is travelling to an appointed game and that game is not played due to it being previously cancelled by the appropriate authority, the relevant governing body shall determine, on receipt of the Match Referees Report, if reasonable efforts were made by the relevant authority to notify the referee. If they find this did not happen then full fees and full expenses shall apply. Where a decision has been made by a governing body to pay fees post-match to match officials then these shall be paid within 28 days (including Saturdays, Sundays and Bank Holidays).

32

No Ref No Game

Play the game - Respect the Ref



This season as with all seasons in the CBL, we cannot reiterate this enough.

Referees are there to control the game and ensure that all players are protected from any incident that may arise. A very important role that should not go unnoticed.

If you consider the conduct of a referee to be inappropriate, you should object in writing to the CBL Secretary @ secretary@corkbusinessleague.ie. Any complaints will be passed onto the referee's governing body where they have procedures for dealing with such complaints. While the normal disagreements between referees and players would not warrant such an objection, serious misconduct should be reported.

According to the Laws of the Game:

The captain of a team has no special status or privileges under the Laws of the Game but he has a degree of responsibility for the behaviour of his team.

Reporting Racism



Any Participant, who offends, disparages, discriminates against or denigrates someone, or a group of persons, in a derogatory manner on account of 'race', skin colour, language, religion, disability, gender, ethnic and/or national origin(s) or sexual orientation, or perpetrates any other racist/discriminatory and/or contemptuous act, shall be subject to disciplinary sanction. The relevant disciplinary body shall consider and have the power to impose a suspension, fine and/or other sanction as deemed appropriate. In the case of individuals, the minimum suspension shall be for a period of 10 (ten) matches.

This message cannot be any clearer.

If you see racism at any CBL games or any other games across Cork, Munster or Ireland for that matter, take out your phone, record it, and send it to your League's committee.

We have created a dedicated Email Address where we want any and all racism to be reported to the CBL Management Committee.

It's ReportRacism@corkbusinessleague.ie

Insurance Details

Contact either:

- O'Driscoll O'Neil
- Kiely Gaule Insurers
- JLT Ireland

Get a quote for Public Liability and / or Personal Accident Cover

What is Personal Accident Insurance?

Personal Accident Insurance provides cover in respect of death or bodily injury to an Insured Person solely and directly caused by accidental, violent, external and visible means.

Note:

If a player does not appear on the match sheet or is not correctly registered with the league and on FAInet, he will not be covered by any personal injury insurance policy that your club has. Insurance companies dealing in sports policies uses the leagues records (i.e. registration forms. Match sheets and FAInet) to establish if the player was legal and was on the field of play when the injury occurred.



Munster Football Association 2023 / 2024

Administrator.

Barry Cotter Turners Cross Stadium Curragh Road Turners Cross Cork

Email: munsterfasoccer@gmail.com Mobile: 087-8345020

Secretaries Please Note:

- Clubs are asked to note that in the event of 2 (two) teams meeting whose registered colours are the same, the *Home Team* must change.
- 2. Any club wishing to lodge a protest must send it by Registered post to the Secretary of the Cork Business League within four (4) days (Saturday's, Sunday's, & Bank Holidays excluded) of the date of the match and must be accompanied by the appropriate fee, payable only by Postal Order or Bank Draft. An exact copy of the protest must be forwarded by registered letter to the secretary of the club protested against
- 3. Clubs, players or members of clubs dissatisfied with the decisions of the Cork Business League, shall have the right to appeal to the Munster Football Association against such decisions. Any such appeal must be forwarded to the Administrator / Hon. Secretary of the MFA per registered letter bearing postmark, within 4 (four) working days of the date on which notice was sent to the appellant. Saturday's, Sunday's and Bank Holidays excluded. This must also be accompanied by the appropriate fee payable only by Postal Order or Bank Draft. An exact copy of such appeal must be forwarded, per registered post within the same period, to the Secretary of the Cork Business League

Secretaries are asked to note that when appealing more than one decision to the MFA, a separate appeal, including Fee must be lodged against each decision

 Applications for permission to organise a Summer League / Tournaments etc, must be made to the MFA before 1st June.

New Rules & Amendments to Existing Rules

All rule changes and amendments to existing rules passed at the Annual General Meeting or a General Meeting are incorporated in the rulebook.

The Cork Business League would like to take this opportunity to thank all our Clubs, Players, Sponsors and Advertisers for their continued support.

